



Group Benefits, Ltd.
12006 Ridgemont Drive
Urbandale, IA 50323

January 15, 2016

Business Record
Attn: *Forty Under 40* Nominations
Jason Swanson
100 4th Street
Des Moines, Iowa 50309

To Whom It May Concern:

Please accept this nomination for Carl Lingen for the prestigious 40 Under 40 Award. I've known Carl for over 6 years and met him when he joined the GBL team as our HR and Payroll Consultant. He has always exhibited traits of a leader. From his attached resume you will notice that his career is moving swiftly upward and now as a business owner there is nothing that will slow Carl down. You should know some additional information about Carl that I could not fit on the nomination form.

- Carl has served for the last seven years on the board for the Des Moines East and South Chamber of Commerce and has recently been board chair for the organization. During his tenure, he has been instrumental in bridging the East and South chambers together to create a stronger and more sustainable board. As board chair, Carl has focused on moving the board from a reporting board to a strategic planning board. This has allowed the organization to bring on new programs as well as new community involvement such as Friends of SW 9th.
- Carl has also served as chair for the Home Care Services of Dallas County. He has helped this organization grow as a whole as well as focused on change in leadership for an organization that serves meals on wheels, home care aid and transportation for those most in need.
- Finally, Carl's passion truly lies in helping non-profits succeed by offering strategic direction and marketing help. Carl has dedicated part of his time and services helping a newly created non-profit called Dream Catchers Foundation, Inc. with marketing and organizational strategy.

I sincerely hope that you strongly consider Carl Lingen for membership in the 2016 Forty Under 40 class. He is an asset to our community and deserves to be at the community table with our group of Alumni.

Sincerely,

Chris Haviland
Executive Vice President of Business Development & Owner
Group Benefits, Ltd.
Forty Under 40 Alum - Class of 2006