Laura R. Hudson, MSN, RN 16433 Creekside Circle, Clive, Iowa 50325

January 2, 2016

Mr. Jason Swanson, Director of Operations Forty Under 40 Selection Committee Business Publications Corporation 100 4<sup>th</sup> Street Des Moines, IA 50309

Subject: Meghan Kinnetz

Dear Mr. Swanson:

This letter is in support of the nomination of Meghan Kinnetz to the 2017 Class of Forty Under 40 sponsored by the *Business Record*. I have the privilege of knowing Meghan on a personal level and also have knowledge of her abilities through our mutual profession of Nursing. Thank you for your consideration of this nominee.

Ms. Kinnetz has dedicated herself to the field of Nursing and has progressed through the field with high honors. She started out in Nursing with her associate's degree, went on to earn her bachelor's degree, and now holds a master's degree in Nursing and is an Advanced Registered Nurse Practitioner (ARNP). With over 60,000 nurses in Iowa, Meghan is one of the elite 3,600 who have gone on to earn their Master's degree, and plays a vital role in the fabric of the evolving healthcare arena in our state.

Although she is small in stature, Meghan Kinnetz is a giant in her field for the treatment of Multiple Sclerosis (MS). As the first MS certified ARNP in the state of Iowa, she has gone above and beyond her required training to specialize in the care of patients suffering with the debilitating disease of MS. She works collaboratively with other healthcare providers and practices interprofessionally for the good of everyone involved in patient care. In addition to her daily work, Meghan travels across the United States to teach other practitioners about the MS disease process and the most current evidence-based practices available to treat the disease.

Ms. Kinnetz has also been involved with the Iowa Action Coaltion's Advance Practice Task Force. This group meets to advocate for nurse practitioners so they may practice to the full extent of their education. This task force is working on ways to teach the public about the important role that ARNPs hold in the field of healthcare and to assist with policy development to advance their practices.

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In addition to her extremely busy work schedule and volunteer opportunities, Meghan is a fantastic wife, mother, family supporter, and friend. She finds the time to be participative with her children's scouting activities and sports and on any given weekend may be found selling an item for the next fundraiser. Her family and friends are blessed to attend the events she hosts. Meghan welcomes her guests with a smile, friendliness, and healthy, nutritious food. Meghan also models great health by following her own regimented work-out every morning.

You won't find a more intelligent, compassionate, hard-working, and dedicated nominee than Meghan Kinnetz for your Forty Under 40 campaign. Please consider this worthy candidate for your class of 2017. Thank you again for your consideration.

Sincerely,

## Laura R. Hudson

Laura R. Hudson, MSN, RN Personal acquaintance and Associate Director of CE/Workforce Iowa Board of Nursing