We met Matthew through BIG BROTHER AND SISTER Matt and my son John was paired up to be big brother and little brother over 2 years ago and its been really great the activities they do together is really great almost like they are really brothers John really thinks of him as a big brother They go skating together and to the movies together and he showed up at johns last 2 birthday parties He talks to John about a lot of things and treats him like a big brother would treat a little brother John looks forward to Matt coming to get him He has helped John with his behavior John used to be so angry and hyper now we see John as a very much calmer boy not as angry more talkative more smiles and joking less whining and hitting

If people could see how John was before Matthew came you would see a different boy A boy who didn't want to go to school with bad grades to a boy who loves school with passing grades Just because Matthew in college John wants to go to college and wants to go in the Army because he thinks Matthew would be proud of him Not bad for a 9 year old. I really love to thank Matthew for all the help with my son.

Carla Figieroa

(Letter of Recommendation written by Carla Figieora, mother of John S, Matthew Sorensen's Little Brother through Big Brothers Big Sisters of Central Iowa).