

December 30, 2014

Business Record
Forty Under 40
100 Fourth Street
Des Moines, IA 50309

Re: Angie Monthei-Meylor's Application to Forty Under 40

Dear members of the Forty Under 40 selection committee:

I would like to recommend Angie Monthei-Meylor to be considered for the 2015 Business Record's Forty Under 40 class. Being granted this honor in 2013, I know the caliber of people you look for when selecting the next class of individuals. With Angie's love of life, I feel she is very deserving of this honor.

I will never forget the first time I met Angie. It was at a West Des Moines Chamber luncheon. She shared with us that she was not only a chiropractor for humans, but for animals too, with a specialty in horses. Her website, at the time, was called animalcracker.com. Her cleverness and shining personality won me over. I changed chiropractors immediately.

Angie's business sense has led her to build a very successful sole chiropractor business. She outgrew the space she was renting and was able to build the space of her dreams. Angie is passionate about all of her patients and their whole well-being.

Angie was also a member of the 2012 West Des Moines Leadership Academy. She played a role in developing the now yearly event, Morsel Combat which raises money for Meals from the Heartland.

Her enthusiasm and passion is nothing compared to her huge heart. Angie helped me through a very difficult time when my husband was diagnosed with cancer, his time fighting the disease and his passing. I knew that I could always count on her to be there for me. This kind of caring is difficult to find in the fast paced world we live in these days.

Along with her commitment to her business, Angie continues to successfully balance her home life with her baby girl Lucy and husband Rex. It is an honor to call Angie my chiropractor, and most importantly, a dear friend. I whole heartedly recommend her to be selected for this year's Forty Under 40 class.

Sincerely,

A handwritten signature in black ink that reads "Tina Carstensen". The script is fluid and cursive, with the first name "Tina" and last name "Carstensen" clearly distinguishable.

Tina Gray Carstensen
2013 Forty Under 40 Alum

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