

## Employment History

### **2011 - Present**

#### **Community Consultant/Presenter**

- Partner with trainers of EMDR Basic Training
- Provide coaching, consultation and education to clinicians during EMDR basic trainings.
- Present information to foster and adoptive parents dealing with new foster children, behavior, parenting, family systems and the family traumas suffered by children, abuse and various other mental health topics
- Present information to area businesses on trauma and the effects on workers, impact on emotional and physical health and how to help them return to active employment after a traumatic event. Various other topics of interest related to mental health.
- Present to clinicians the benefits of EMDR use with clients
- Consult with community and organizations on mental health topics, treatments and policy processes

### **June 2008 – Present**

#### **Clinical Supervision**

- Private clinical supervision services and consultation for learners of mental health and interns to meet requirements for master level matriculation.
- Provide independent individual supervision for new counselors to meet requirements for State Licensure.
- Consultation for EMDR Therapists to receive EMDRIA certification

### **December 2007 – Present**

#### **MOSAIC FAMILY Counseling Center Inc.**

- Therapist, Owner and Executive Director – all administrative duties involved in running a small mental health agency
- Human Resource management duties
- Develop and manage programming to bring responsible services to clients and patients
- Provide assessment and treatment services to individuals and families, Spanish & English
- Provide comprehensive evaluations, testing and assessments for issues of custody, visitation evaluation, competency, parenting, cognitive ability, psychosocial functioning and attachment and oversee supervision services for families.
- Assess clients for visitation and custody evaluation reports to the court
- Provide culturally responsive counseling for individuals and families in areas of system using Trauma Focused, Cognitive Behavioral, Family Systems, Solution Focused, Interpersonal, spiritually based/Christian counseling and other various modalities
- Provide services to, oversight for and supervision of counseling and skill building, child mental health waiver, state programs, third party payment and private pay client services and all other therapeutic services provided by agency contractors and employees
- Development and Management of educational internship program for student therapists and new clinicians
- Provide training, education and technical assistance to all contractors/employees providing

services for MOSAIC FAMILY Counseling Center Inc., to meet requirements for services, accreditations and clinical in house CEU needs

- Develop, implement and enforce policies for credentialing of agency to the state of Iowa, oversee personnel policies and requirements

**February 2008 – August 2008**

**Genesis Development Inc.**

- Provide assessment and treatment services on a contractual basis to Dallas County residents-short term contract, Spanish speaking clientele
- Provide culturally responsive counseling for individuals and families in areas of system using cognitive behavioral, solution focused, spiritually based/Christian counseling, trauma focus and other various modalities – Short term contract

**January 2008 – July 2013**

**Des Moines Area Community College**

- Adjunct Instructor of in-class, on-line and web blended Psychology courses
- Educate students on specific course competencies as related to psychology
- Maintain appropriate records and grading regulations
- Participate in administrative teams for training and requirements for adjunct faculty

**November 2007 – April 2009**

**Mid-Iowa Family Therapy Clinic**

- Provide comprehensive therapeutic counseling services to families, children and individuals
- Provide counseling for individuals and families in areas of system using cognitive behavioral, solution focused, spiritually based/Christian counseling, trauma focus and other various modalities
- Maintain documentation and compliance standards for insurance billing
- Provide assessment and treatment services

**November 2007 – June 2008**

**Next Step Counseling Services**

- Provide behavior modification treatment and counseling services to children and families
- Supervise internship programming for master level students
- Maintain documentation and compliance standards for behavioral treatment, counseling and skill building programming

**July 2005 – November 2007**

**(COS) Community Outreach Services LLC, Johnston, IA; Director of Services**

January 2007 – November 2007    Director of Services

- Develop and administrate Remedial Services Program
- Program accountability, justification and quality assurance of all documentation
- Develop structure and provide quality assurance for billing and services
- Support structural, programmatic and individual staff needs
- Interview, hire, train, and evaluate employees, structure teams for service provision

- Provide training to staff specific to ACA ethical guidelines, informed consent procedures and culturally responsive services
- Train staff in treatment modalities including Operant Conditioning, Strategic Family Therapy, Cognitive restructuring and various curricular focuses
- Manage teams of case workers and supervisors, provide clinical/administrative supervision
- Provide services to particularly clinically challenging cases including: assessment, treatment plan development, therapeutic and remedial treatment services in English or Spanish
- Provide counseling for adjudicated individuals and families in areas of system using cognitive behavioral, solution focused, spiritually based/Christian counseling, trauma focus and other various modalities
- Provide comprehensive custody evaluations, visitation evaluations, developmental and parenting evaluations and other testing and assessments
- Utilize specific psychological treatment modalities for optimal therapeutic outcomes for families and individuals

March 2006 – January 2007 Therapist/Supervisor – Bi Lingual

- Provide therapeutic, remedial and resource referral services for clients and their families in English or Spanish
- Utilize specific psychological treatment modalities for optimal therapeutic outcomes for families and individuals
- Provide treatment planning and outcome accountability for treatment modalities
- Provide culturally appropriate services to clients and supervision to case workers
- Supervise case workers – provide clinical / administrative supervision
- Train staff in treatment modalities including Operant Conditioning, Strategic Family Therapy, Cognitive restructuring and various curricular focuses
- Provide counseling for adjudicated individuals and families in areas of system using cognitive behavioral, solution focused, spiritually based/Christian counseling, trauma focus and other various modalities
- Quality Assurance for specific programmatic outcomes

July 2005 – March 2006 Case Worker II – Bi Lingual

- Provide Rehabilitative Treatment Services - therapy and skill building to children and families in DHS system including cognitive behavioral, solution focused, spiritually based/Christian counseling
- Provide assessment for individual and family to address therapeutic needs
- Be knowledgeable of treatment modalities for optimal therapeutic outcomes for families and individuals
- Provide training and oversight of family systems counseling and adjudicated child welfare cases to new employees.

January 2003 – July 2005

**Prairie Health Partners Inc. Des Moines, IA; Therapist – Bi Lingual**

- Provide Rehabilitative Treatment Services - therapy and skill building to children and families system including cognitive behavioral, solution focused, spiritually based/Christian counseling
- Provide training, oversight & supervision-therapy and skill building services to new contractors

**April 2002 – June 2006**

**Drake University Early Head Start, Des Moines, IA; Infant/Toddler Specialist,  
Parent Educator - Bi-Lingual**

- Provide child developmental education to Spanish speaking parents
- Provide developmentally specific activities to children ages 0-3 to enhance development
- Assist parents in teaching children to reach their developmental potential
- Provide community and educational focused interpretation services when needed for clients
- Provide observations, activities, documentation, lesson plans and support for child development in the home.
- Coordinate services with other agencies working with families and participate in staffings as related to children's needs
- Translate forms and program handouts to enhance understanding of program materials, objectives and goal setting process. (English/Spanish and Spanish/English)
- Interpret for other Program Specialists when needed.

**July 1996 – December 2002**

**Young Women's Resource Center, Des Moines, IA; Family Services Program Manager**

**March 2000 – December 2002 Family Services Program Manager**

- Provide Bi-Lingual intensive case management services and parent education to families of the Healthy Start / Empowerment programs
- Provide culturally appropriate services to Latino population, life skills development and coordination of services, facilitation of resource access
- Program supervision, train/supervise associate case managers
- Administrative duties include providing inclusive evaluative reports for all programs and accountability for program outcomes and budget

**July 1996 – March 2000 Young Mom's Program Coordinator**

- Coordinate peer and parent support and education groups, in English/Spanish, for mothers and their young children, provide life skills development, counseling and coordination of services for adolescent parents
- Supervise fifteen volunteer employees
- Coordinate, develop and implement volunteer and paid staff training program
- Accountable for quality assurance, evaluation and program outcomes

**October 1992 – July 1996**

**Marshfield, Wisconsin; Private English / Spanish Interpreter/ Community Advocate**

- English/Spanish interpretation, for law enforcement personnel, medical community, community agencies and private persons,
- In Home Day Care Provider - Provided in home day care, used knowledge to enhance development of children in care
- Foster Care Provider - Provide short / long term care and Receiving Home services.
- Assisted Spanish speaking community in accessing resources and services

**October 1989 – August 1992**

**YWCA of Greater Des Moines, Family Development Program Manager**

- Administer the Family Development and Self – Sufficiency demonstration grant project, The Outreach fitness program/Staff Liaison-Racial Justice Committee. Accountable for all program outcomes, in home counseling, conduct educational classes for participants families & life skill development.
- Supervise employees in service provision and child-care programming for the FaDSS and Outreach Programs. Coordinate diversity and inclusivity programming for youth in the community, grant writing, budgeting and program coordination and management.

**Community Presentations**

July 21015 Cosponsor Community Conference on EMDR Practice with Children in the child welfare system, Robbie Adler-Tapia presenting, 2014 to Present: Coach new EMDR clinicians in clinical practicums for Basic EMDR Trainings, August 2013: Family Development Specialist 2 day Re-Certification, July 2012 to present: Presentations for IFAPA (Iowa Foster and Adoptive Parents Association) Mental Health topics relevant to parents and children, 2010, 2011 presentation to Department of Human Services – Mental health needs for Foster Children, 2008 to present: Presentations for various community agencies: Multicultural views of mental health, Trauma and EMDR, ADHD, Anxiety, Effect of different mental health diagnosis on the brain, Behavior disorders in children, Trauma of sexual abuse, Working in the home with clients, HIPAA regulations, Relationship building, Effects of Sexual Abuse on Children and Treatment Modalities, Developmental Considerations for Foster Children, Parenting Needs of Children with Traumatic Experiences, EMDR with Children

**Volunteer Experience**

**A Home Within**

**Clinical Director**

Non-Profit organization that matches children in the foster system to pro-bono therapists to focus on long term relationship based therapy. One Child/One Therapist, For as Long as it Takes

**DBHRT – Disaster Behavioral Health Responder Team**

**Emergency Mental Health Responder**

Provide volunteer emergency mental health to persons whom have experienced a disaster such as tornado, flood, earthquake etc...

**Beacon of Life**

**Board of Directors Member 2013, Vice President of the Board of Directors, 2014/2015, 2015/2016**

Volunteer committee member for personnel and building committee, help with fundraising and events Collaborate on pro-bono mental health therapy program for residents of the Beacon

**Education**

**EMDR Approved Consultant, EMDRIA 2012**

**EMDR Certification, EMDRIA - February 2011**

**Nationally Certified Counselor NCC, Approved Clinical Supervisor ACS 2009**

**LMHC Des Moines, Iowa – November 2007**

**M.S. Education/Community Counseling, Drake University–Completion 12-2005, Matriculation-May 2006**

**B.S. Psychology & Human Services (Double Major), Upper Iowa University-December 2002**  
**Family Development Specialist/In Home Counseling Program, University of Iowa, March 1990**

### Languages

**Fluent in Spanish;** able to provide comprehensive services in both English and Spanish

### Specialized Trainings, Conferences and Certificates

April 2016 EFT and Couples w/Susan Johnson National Marriage Seminars, August 2015 EMDRIA Conference on Dissociation, July 2015 EMDR and Children w/Robbie Addler Tapia, February 2014 NAWBO Conference, November 2013 Complex Trauma Attachment and Disassociation in Children, March 2012 ACA Conference, January 2012 A Home Within Foster Care Conference, 2011 May through December 2012 – Dr. Khosravi Childhood Psychiatric Lecture & Case Consultation Series, July 2011-2016, AMHCA Conference 20 hours, April 2011 5<sup>th</sup> Judicial District, Children in Foster Care, 2009 – present, Community Speaker on education for new therapists and BHIS providers, cultural responsiveness and trauma in children and adults; February 2011 EMDR Certification Attainment; September 2010 EMDRIA Continuing Education on Attachment and Dissociation and Trauma 20 hours; November 2009 ACS Accreditation through NCC; September 2009 NCC Accreditation; September 2009 Final Part 3 Refresher for EMDR Training CA, Alliant University; August/September 2009 36 hours of Specific CEU Clinical Supervision Training; June 2009 Disaster Counseling Basic Training, Department of Human Services and Home Land Security; February 2009 CISM Training Crisis Intervention Systems Management- Department of Human Services and Home Land Security; February- April 2009 40 hours EMDR Basic Training – San Francisco 40 CEUs, CA Alliant University; February 2009, Psychological First Aide; October 2008- FAS/ARND effects on children in our society; July 2008- Attachment Specific Training; June 2008 – Web CT course completion for Online Teaching- May 2008 – 6 CEUs Cognitive Behavioral Therapy techniques, January 2008 – 15 CEUs drug specific training, June 2007- DHS Family Safety in Child Welfare System Training; June 2007- DHS Family Team Meeting Training September 2006- Motivational Interviewing; May 2006, 0 to 3 What Lawyer's, Judges Educators and Social Workers Should Know; May 2006, Protecting Children is Everyone's Business – child abuse prevention conference; August 2005, Identification and Management of Depression and Bipolar Disorder in Primary Care; August 2005; Improving Team effectiveness DISC training; July 2005 Interpreter Basic Training – Mercy Medical Center; July 2004, December 2003- Zero to Three National Institute Training-Babies Can't Wait; February 2003 – Hispanic Institute Training; October 2000 - Zero to Three Parents as Teachers; January 2002- Critical Issues in working with families/ Issues in Working With Teen Parents; August 1998 – Compassion Fatigue; 1998-2001 Whispers and Screams Conferences – gender specific training; March 1997 - Heart to Heart, Child Sexual Abuse Prevention Education from The Ounce of Prevention, "Train the Trainer", August 1996 - MELD Site Coordinator Training "Train the Trainer", May 2000, Family Development Specialist Supervisors Training, 1989-1992 Managerial training series YWCA; 1991 Green Circle Diversity programming- train the trainer; 1992 Sensitivity Training "Effects of racism- understanding"; November 1989 - Iowa State University, Department of Natural Resources on Family Based Services, Certified Family Development Specialist Training, 1986 Certified Medication Assistant, 1983 Certified Nurses Assistant – 120 hours of hospital level, various other conferences and managerial training as related to past positions

### Computer Skills and Language Skills

Proficient in Microsoft Office software, Access, Publisher, Power Point, Outlook, Internet access, Web

## Kenya J Rocha M.S., LMHC, NCC

5005 Douglas Ave, Suite 101, Des Moines, IA 50310    515.724.8920 / 888.771.3225 Fx    Krandall@mosaicfamilyinc.com

CT Learning System, Blackboard Learning Systems, Wiley*Plus* Web Learning System, Valant Med  
**Bi-lingual - English and Spanish**, Provide direct services for Spanish Speaking populations,  
Interpretation, Translation and development of brochures, intake and educational information,  
handouts and program forms, clients and individuals, Interpretation for clients and colleagues as  
needed using both simultaneous and turn taking techniques. 25 years of experience serving Spanish  
Speaking populations.